

## EMILY S. BIBBY

### CURRICULUM VITAE

Stony Brook University Psychology B-321 Stony Brook, NY 11794

emily.bibby@stonybrook.edu

## EDUCATION

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**Doctor of Philosophy in Clinical Psychology** 2021-Present

Stony Brook University, State University of New York

Advisor: Joanne Davila, Ph.D.

Cumulative GPA: 3.90/4.00

**Bachelor of Arts in Psychology** 2015-2019

Thesis: *Misperceptions of Sexual Interest in a Blind Dating Simulation*

Thesis Supervisor: Richard E. Mattson

**Bachelor of Music in Voice Performance**

Binghamton University, State University of New York

Summa Cum Laude; Honors in Psychology

Cumulative GPA: 3.89/4.00

## PUBLICATIONS

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Armstrong-Carter, E., **Bibby, E.S.**, Burrough, M, Flannery, J., Duell, N., Nelson, B., Prinstein, M. J., Telzer, E.H. (in press). Adolescents are more likely to help others on days they take risks and crave connections. *Journal of Research on Adolescence*. <https://doi.org/10.1111/jora.12705>

**Bibby, E.S.**, McKinnon, A.M., Shaw, M., & Mattson, R.E. (in press). Accurately detecting happy facial expressions associates with perceptions of flirtatiousness. *Journal of Social and Personal Relationships*. <https://doi.org/10.1177/02654075221128259>

**Bibby, E.S.**, Widman, L., Turpyn, C., Choukas-Bradley, S., Prinstein, M.J., & Telzer, E.H. (revise and resubmit). A longitudinal assessment of adolescents' sexual communication with parents, best friends, and dating partners.

**Bibby, E.S.** & Davila, J. (manuscript in preparation). A dyadic assessment of the association between sexual communication and daily sexual satisfaction. <https://osf.io/2bhpw>

**Bibby, E.S.**, Vilkin, E., Kitagawa, Y., Huang, H., Zhou, J., Tong, T., Rosenberg, B., & Davila, J. (manuscript in preparation). Systematic review of sex-depression link among adolescent girls.

**Bibby, E.S.**, Zhou, J., Davila, J. (manuscript in preparation). The association between romantic competence and sexual satisfaction in emerging adult couples.

Nelson, B.W., Flannery, J.E., Nick, E.A., Maza, M.T., **Bibby, E.S.**, Prinstein, M.J., Telzer, E.H. (manuscript in preparation). Objective daily smartphone use and adolescent mental health: An intensive longitudinal study design examining the potential role of pre-existing depressive symptoms and digital stress.

## INVITED CHAPTER

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Davila, J., & **Bibby, E.S.** (in preparation). Adolescent Dating. In G. P. Koocher, A. M. La Greca, N. N. Lopez, & O. Moorehead-Slaughter (Eds.), *Parent's guide to emotional first aid: Helping children and adolescents cope with predictable life crises, Second Edition*. Oxford University Press.

## CONFERENCE TALKS

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**Bibby, E.S.**, Mattson, R.E., & Parker, M.M. (2019, July). "I'm just being nice": The misperception of friendliness as flirtation. Talk given at the Mini Convention: International Association for Relationship Research, Brighton, England.

## CONFERENCE POSTER PRESENTATIONS

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\*Mentored student author

**Bibby, E.S.** & Davila, J. (2022, November). A dyadic assessment of the association between sexual communication and daily sexual satisfaction. Poster accepted to the Annual Convention: The Society for the Scientific Study of Sexuality, Vancouver Canada.

**Bibby, E.S.**, Zhou, J., Davila, J. (2022, November). The association between romantic competence and sexual satisfaction in emerging adult couples. Poster accepted to the Annual Convention: Association for Behavioral and Cognitive Therapies, New York City.

\*Barber, J.S., **Bibby, E.S.**, & Telzer, E.H. (2021, May). Peer support's effect on social media usage and loneliness in adolescents. Poster presented at the University of North Carolina Research Symposium.

**Bibby, E.S.**, Widman, L., Turpyn, C., Choukas-Bradley, S., Nesi, J., Prinstein, M.J., & Telzer, E.H. (2021, February). A multi-wave assessment of race, ethnic, and gender differences in adolescents' sexual communication with parents, peers, and partners. Poster presented virtually at the Annual Convention: Society of Personality and Social Psychology.

**Bibby, E.S.**, Widman, L., Turpyn, C., Telzer, E.H., Nesi, J., Choukas-Bradley, S., & Prinstein, M.J. (2020, November). Let's talk about safe sex: A multi-wave assessment of adolescents' sexual communication with parents and peers. Poster presented virtually at the Annual Convention: Association for Behavioral and Cognitive Therapies.

\*Gray, A.M., **Bibby, E.S.**, & Telzer, E.H. (2020, November). Negative interactions with parents and peers predict adolescent depression. Poster presented at the Annual Convention: Association for Behavioral and Cognitive Therapies.

**Bibby, E.S.**, Wagner, S.A., & Mattson, R.E. (2019, February). Examining insecure attachments' impact on communication between couples. Poster presented at the Annual Convention: Eastern Psychological Association, New York City.

**AWARDED FELLOWSHIPS**

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<b>U.S. Dept. of Education Graduate Assistance in Areas of National Need Fellowship</b>	2022-2023
Total Funds: \$32,000	
<b>American Psychological Association/Psi Chi Junior Scientist Fellowship</b>	2021
<i>Sexual Communication Among Emerging Adults: A Dyadic Daily Diary Study</i>	
Total Funds: \$1,000	

**HONORS, SCHOLARSHIPS, & AWARDS**

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<b>Professional Development Award (\$870)</b>	2022
Stony Brook University	
<b>Innovation in Equity and Inclusivity Service Award</b>	2021
Department of Psychology & Neuroscience, University of North Carolina at Chapel Hill	
<b>State University of New York Chancellor's Award for Student Excellence</b>	2019
<b>Steven W. Kovacs Award for Undergraduate Research Excellence (Honorable Mention)</b>	2019
Binghamton University	
<b>President's Award for Undergraduate Student Excellence (\$1,000)</b>	2018
Binghamton University	
<b>Psi Chi Honors Society</b>	2018-Present
<b>Emily A. Nielsen Scholarship (\$4,300)</b>	2015-2019
Binghamton University	
<b>Dean's Honors List</b>	2015-2019
Binghamton University	

**RESEARCH EXPERIENCE**

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<b>Relationship Development Center</b>	August 2021-Present
<i>Graduate Research Assistant</i>	
Stony Brook University	
Advisor: Joanne Davila, Ph.D.	
<ul style="list-style-type: none"> <li>• Led Relationship Education Workshops for college students with low-level depression</li> <li>• Conduct systematic review on the association between adolescent sexual behavior and depression</li> <li>• Wrote a pre-registration for a Love Consortium Collaboration project (<a href="https://osf.io/2bhpw">https://osf.io/2bhpw</a>)</li> <li>• Oversee the study design and creation of a dyadic daily diary study</li> <li>• Assist in developing a single session intervention on relationship breakups</li> </ul>	

**Developmental Social Neuroscience Lab**

June 2019-July 2021

*Lab Manager*

University of North Carolina, Chapel Hill

Advisor: Eva Telzer, Ph.D.

Project NeuroTeen

- Oversaw the study design, study creation, data collection, and management of a 5-year longitudinal study of adolescent risk taking, and social, emotional, and neural development, as well as social media usage funded by Dr. Telzer's \$2.8 M NIH R01 DA039923-05 grant
- Collected neural, behavioral, and social media data from 13-17-year-old ethnically diverse adolescents and their parents, involving fMRI brain scans, E-Prime behavioral tasks, electroencephalograms (EEGs), Ecological Momentary Assessments (EMAs), hormone hair samples, blood pressure, social media data, and Qualtrics surveys
- Cleaned and analyzed 350 participants' EMA and questionnaire data using SPSS software

Sexual Communication Project

- Lead a 6-wave longitudinal paper modeling the trajectories of adolescent's sexual communication with parents, best friend, and romantic partners and its effects on adolescent sexual risk taking
- Built and analyzed univariate and multivariate growth curve models in HLM and SPSS

Administrative Responsibilities

- Supervised 4 full-time staff and 14 undergraduate Research Assistants (RAs) including mentoring independent projects, training on educationally relevant skills (e.g., statistical software), scheduling and overseeing tasks, running weekly professional development meetings, and writing letters of recommendation
- Lead hiring of new staff and RAs, including screening applications holistically, conducting interviews, making formal recommendations for hiring, and personnel onboarding
- Submitted all applications to the University's Institutional Review Board to ensure active projects comply with the ethical conduct of research
- Oversaw all finances in the lab, including monitoring and documenting participant payments, purchasing materials, and budget tracking on multiple grants

**Center for Transdisciplinary Research on Intimate Relationships**

January 2017-May 2019

*Lab Manager, SPAFF Coordinator, and Research Assistant*

Binghamton University

Advisors: Richard Mattson, Ph.D. and Matthew Johnson, Ph.D.

Lab Manager

- Organized the lab schedule, assigned lab presentations and weekly tasks for all 22 RAs
- Managed incoming RA applications and scheduled interviews

SPAFF Coordinator/Research Assistant

- Conducted an honors thesis that consisted of designing a novel research study, conducting extensive literature reviews, submitting an IRB application, recruiting and running participants, and cleaning and analyzing data in SPSS
- Oversaw the training of 9 RAs on The Specific Affect Coding System (SPAFF) and computed the Kappa Score reliability for each RA multiple times a week
- Assigned weekly videos for each coding team and computed Intraclass Correlation Coefficient to measure reliability between all the coders
- Coded positive and negative affect between recorded couples using SPAFF
- Compiled and coded articles for a study on college sexual assault's portrayal in the media

- Assisted in data collection for a study on perceived consent as well as a study about attitudes towards interracial couples

**Laboratory of Consciousness, Cognition, and Psychopathology**

January-December 2017

*Research Assistant*

Binghamton University

Advisor: Steven Jay Lynn, Ph.D.

- Ran participants and inputted data into SPSS for a study on the effects of meditation
- Supervised the education of participants to use an EMA application for a mindfulness study
- Categorized and coded qualitative data in SPSS for a study on the effects of mindfulness on personality

**Neurobiology of Cognition Laboratory**

June-August 2017

*Research Assistant*

New York University

Advisors: EunHye Park, Ph.D. and André Fenton, Ph.D.

- Constructed tetrode implants used for recording hippocampal activity in animal subjects
- Handled and trained rats for testing procedures researching place cells and cognitive mapping processes
- Prepared brain sections, mounted and stained them, and scanned the slides via a digital microscope

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**SERVICE & MENTORSHIP**

**Project Short**

July 2021-Present

*Programming Subcommittee Member & Mentor*

- Organize and moderate graduate school application panels for Project SHORT mentees
- Mentor an underrepresented undergraduate student through the Clinical Ph.D. graduate application process, discussing how to stay organized, selecting programs, editing application materials, and preparing for interviews

**Psychin' Out**

May 2021-Present

*Presenter & Mentor*

- Organized and ran a four-part graduate school application summer bootcamp series in 2021 attended by over 100 prospective psychology Ph.D. students from around the world
- Mentor first-generation students through getting involved in research opportunities as well as preparing for Clinical Ph.D. and post-baccalaureate research applications

**Undergraduate Mentoring**

December 2017-Present

Binghamton University, University of North Carolina at Chapel Hill, & Stony Brook University

- Served as an immediate supervisor and mentor to over 30 RAs
- Supervise independent research projects and supported RAs in applying to conferences
- Write letters of recommendation for RAs supporting them in applying for awards, research funding, internships, and jobs
- Implement new measures to create a more supportive, structured, and well-rounded experience for RAs such as creating an RA manual, holding monthly meetings with each RA individually to

discuss goals, curating and leading weekly professional development meetings, and conducting evaluations at the end of each semester to continue making improvements to the lab environment

**Diversity, Equity, and Inclusion Resources Subcommittee**

August 2020-July 2021

University of North Carolina at Chapel Hill

- Developed an online repository on the UNC website of resources to support researchers, clinicians, teachers, and mentors in fostering inclusive, anti-racist policies and practices

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**TEACHING EXPERIENCE**

**Analysis of Variance & Experimental Design (PSY 501)**

August-December 2022

*Graduate Teaching Assistant (Substantial Direct Instruction)*

Stony Brook University, Psychology Department

**Computer Applications & Statistics (PSY 508)**

August-December 2022

*Co-Instructor*

Stony Brook University, Psychology Department

**Statistical Methods in Psychology (PSY 201)**

January 2022-May 2022

*Graduate Teaching Assistant (Substantial Direct Instruction)*

Stony Brook University, Psychology Department

- Taught 6 classes on t-tests and analysis of variance (ANOVA)

**Introduction to Psychology (PSY 103)**

August-December 2021

*Graduate Teaching Assistant*

Stony Brook University, Psychology Department

**Psychotherapy Models and Methods**

January-May 2018

*Undergraduate Teaching Assistant*

Binghamton University, Psychology Department

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**CLINICAL EXPERIENCE**

**National Sexual Assault Hotline**

December 2018-October 2021

*Online Hotline Crisis Volunteer*

- Completed 46 hours of training to provide crisis management for victims of rape, sexual assault, domestic violence, sexual harassment, abuse of a minor, and/or sex trafficking
- Operate the text crisis line for at least 10 hours each month

**Psychological Clinic, Binghamton University**

August 2018-May 2019

*Intern for the Clinic Director Dr. Thomas Harding*

- Conducted phone intakes and interacted with clients face-to-face
- Created a manual for implementing a Cognitive Processing Group Therapy to be used in upcoming semesters as a way to ameliorate the clinic's long waitlist
- Transitioned the clinic into using Titanium Schedule (an electronic medical record system)

**High Hopes Helpline, Binghamton University**

January 2017-May 2019

*Vice President of Applications and Training, Call Handler*

- Elected to the executive board of a student run helpline supervised by the University Counseling Center to emotionally support students
- Led weekly supervision meetings and frequent refresher trainings for all 26 active call handlers
- Supervised the training and recruitment of the new 18 interns each semester

**PROFESSIONAL MEMBERSHIPS**

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Association for Behavioral and Cognitive Therapies (ABCT)

Couples Special Interest Group

The Society for the Scientific Study of Sexuality (SSSS)